

CASPER COLLEGE COURSE SYLLABUS  
PSYC 2210 N1 Drugs and Behavior

Semester/Year: Fall 2015

Lecture Hours: 3

Lab Hours: 0

Credit Hours: 3

Class Time: 0930-1045

Days: T TH

Room: LH 167

Instructor's Name: Diana Quealy-Berge, Ph.D. WY LAT / WY LPC

Instructor's Contact

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Information:

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**Office Hours: M 1-150; T 12-150; W 1-50; TH 11-150; by appointment**

**Course Description:** A survey of the drugs which affect behavior, emphasizing both psychotherapeutic agents and drugs with abuse potential. Includes a brief introduction to the chemistry of the brain and pharmacological aspects of each major class of psychoactive drugs will be discussed.

**Statement of Prerequisites:** PSYC 1000 and three to four hours of 1000 level psychology or biology courses.

**Goal:** The goal of this course is to provide foundation knowledge of substance abuse/dependence; prepare students for the NAADAC Exam Levels I or II; provide an experiential understanding the Addicted Brain.

**Outcomes:** Casper College strives to provide educational opportunities that prepare Casper College Graduates to join the professional world. Outcomes for this course are based upon the:

- Casper College General Education Outcomes;
- Casper College Addictionology Program Outcomes recognized by the National Addiction Studies Accreditation Commission;
- Casper College Psychology Program Outcomes identified by the American Psychological Association Guidelines for Teaching Undergraduate Psychology.

**PSYC 2210 Course Objectives:** PSYC 2210 Drugs and Behavior is one of the courses offered by Casper College intended to provide preparation for students to become State of Wyoming Certified Addictions Professional Assistants (CAPA) and/or State of Wyoming Certified Addiction Professionals (CAP) and enter Substance Abuse/Dependency Treatment Employment.

Casper College General Education Outcomes:

1. Demonstrate effective oral and written communication
2. Use the scientific method
3. Solve problems using critical thinking and creativity
4. Demonstrate knowledge of diverse cultures and historical perspectives
5. Appreciate aesthetic and creative activities
6. Use appropriate technology and information to conduct research
7. Describe the value of personal, civic, and social responsibilities
8. Use quantitative analytical skills to evaluate and process numerical data

Casper College Graduates with an Associated Degree in Addictionology and/or a Certificate in Addictionology will demonstrate competence in the following foundation areas defined by the National Addiction Studies Accreditation Commission.

- 1 Knowledge (Memorization of pertinent facts)
- 2 Comprehension (Students can explain and discuss vital facts)
- 3 Application (Students can utilize learning in either real world or case scenarios)
- 4 Analysis (Students can generate questions about material and seek their own answers)
- 5 Synthesis (Students can reassemble their knowledge into new forms which are unique and useful)
- 6 Evaluation (Students can read and evaluate research properly)

Casper College students in PSYC 2210 Drugs and Behavior will demonstrate competency in the following FOUNDATIONS FOR ADDICTION PROFESSIONALS - UNDERSTANDING ADDICTION

The professional is able to:

- Understand a variety of models and theories of addiction and other substance related problems.
- Appreciate the social, political, economic and cultural context within which addiction and substance abuse exist, including risk and resiliency factors that characterize individuals and their living environments.
- Describe the behavioral, psychological, physical health, and social effects of psychoactive drugs, including alcohol and tobacco on the consumer and significant others.
- Recognize the potential for substance use disorders to mimic a variety of medical and psychological disorders, and the potential for medical and psychology disorders to co-exist with addiction and substance abuse.

Casper College Psychology Program Outcomes: *The American Psychology Association [APA] Guidelines for the Undergraduate Psychology Major Version 2.0* published August 2013 identified five [5] learning goals for Associate/Foundation and Baccalaureate levels.

Goal 1 Knowledge Base

Goal 2 Scientific Inquiry and Critical Thinking

Goal 3 Ethical and Social Responsibility in a Diverse World

Goal 4 Communication

Goal 5 Professional Development

Casper College Graduates with an Associates Psychology degree will demonstrate competency in the following Foundation Areas. Goals, Outcomes and Foundation Indicators are quoted directly from *The American Psychology Association [APA] Guidelines for the Undergraduate Psychology Major Version 2.0 published August 2013.*

### Goal 1 Knowledge Base

A. Outcome - Describe key concepts, principals and overarching themes in psychology.

#### Foundation Indicators

- Use basic terminology, concepts, and theories to explain behavioral and mental processes.
- Explain why Psychology is a science with primary objectives of describing, understanding, predicating and controlling behavior and mental processes.
- Identify fields other than psychology that address behavioral concerns.

B. Outcome – Develop a working knowledge of psychology’s content domains.

#### Foundation Indicators

- Identify key characteristics of major content domains in Psychology (e.g. cognition, learning, developmental, biological, and sociocultural).
- Recognize major historical events, theoretical perspectives, and figures in psychology and their link to trends in contemporary research.

C. Outcome - Describe applications of psychology.

#### Foundation Indicators

- Describe examples of relevant and practical applications of psychological principals to everyday life.
- Summarize psychological factors that can influence pursuit of a healthy lifestyle.

### Goal 2 Scientific Inquiry and Critical Thinking

A. Outcome – Demonstrate Psychological information literacy.

#### Foundation Indicators

- Read and summarize general ideas and conclusions from psychological sources accurately.
- Identify and navigate psychological databases.
- Interpret simple graphs and statistical findings.

B. Outcome – Use scientific reasoning to interpret psychological phenomena.

#### Foundation Indicators

- Describe how individual and sociocultural differences can influence the applicability / generalizability of research findings.
- Identify under what conditions research findings can be appropriately generalized.

### Goal 3 Ethical and Social Responsibility in a Diverse World

A. Outcome – Apply ethical standards to evaluate psychological science and practice.

#### Foundational Indicators

- Describe key regulations in the APA Ethics Code for protection of human or nonhuman research participants.
- Identify obvious violations of ethical standards in psychological context.

- Define the role of IRB [Institutional Review Board].

B. Outcome - Build and enhance interpersonal relationships.

Foundational Indicators

- Describe the need for personal values [e.g. integrity benevolence, honesty, and respect for human dignity] in building strong relationships with others.
- Explain how individual differences, social identity, and world view may influence beliefs, values, and interactions with others and vice versa.

C. Outcome - Adopt values that build community at local, national and global levels.

Foundational Indicators

- Recognize the potential for prejudice and discrimination in self and others.
- Accept opportunity to serve others through civic engagement, including volunteer service.

#### Goal 4 Communication

A. Outcome – Demonstrate effective writing for different purposes.

Foundational Indicators

- Use Standard English, including generally recognized grammar.
- Recognize and develop overall organization [e.g. beginning, development, ending] that fits the purpose.
- Use expert feedback to revise writing of a single draft.

B. Outcome – Exhibit effective presentation skills for different purposes.

Foundational Indicators

- Construct plausible oral argument based on a psychological study.
- Deliver brief presentations within appropriate constraints [e.g. time limit, appropriate for the audience]
- Attend to language and nonverbal cues to interpret meaning.
- Ask questions to capture additional detail.

#### Goal 5 Professional Development

1. Outcome – Develop meaningful professional direction for life after graduation.

Foundational Indicator

- Describe the types of academic experiences and advanced course choices that will best shape career readiness.
- Describe how a curriculum vitae or resume is used to document the skills expected by employers.

Methodology: PSYC 2210 Drugs and Behavior is a hybrid course developed to provide on line instruction, with both face to face lectures on the Casper College Campus; live web streaming of lectures and archived video of lecture. Students will meet these outcomes by participation in experiential learning; lecture, reading, objective quizzes and exams, extensive use of the internet, extensive use of Moodle, research, videos, guest speakers and active participation. Your feedback is valuable as the instructor uses course evaluations in determining course methodology.

### Evaluation Criteria:

Students are evaluated upon participation and completions of Moodle activities in a timely professional manner; professionalism [arrive on time, in class participation, preparedness, verbal and non-verbal behavior, etc]. Points may be deducted for any Assignments, Quizzes, Exams, and Forum posts in discussions submitted late.

Points may be earned through completion of the following activities:

- 400 points possible = 16 Weekly Topic Forums x 25 points each. Topic forums should reflect understanding of the assigned reading; use appropriate grammar, spelling, and engagement. Students are expected to post each week before 11pm on Sunday evening. Last posts will not be eligible for full points.  
400 points possible = 16 Weekly Peer to Peer and Step Work Forums x 25 points each. The foundation of Addiction Studies comes from Peer to Peer support through a variety of self help groups such as AA, NA, Red Road, etc. Step work can provide a foundation for Recovery. Students are expected to read, participate in and complete an introduction to the 12 Steps. Students are expected to post each week before 11pm on Sunday evening. Last posts will not be eligible for full points.
- 360 points possible = 18 Chapter quizzes from the text book Drugs, Society and Human Behavior. Students are provided two [2] attempts on each quiz and are expected to use the text book to find and record the correct response. Quizzes open at the start of the semester and remain open until 11 pm Sunday May 10 2015. All quizzes must be completed before 11 pm Sunday May 10 2015.
- 100 points possible = 1 Final Exam covering Chapters 1-18 from the text book Drugs, Society and Human Behavior. Students will have One [1] attempt on the Final exam. This exam is timed. There will be 100 questions. Students have 120 mins to complete the exam in one sitting.

Casper College may collect samples of student work demonstrating achievement of the above outcomes. Any personally identifying information will be removed from student work.

### Required Text, Readings, and Materials:

- Internet Access (If you are using dial up internet access please inform the instructor ASAP)
  - Moodle Competency
  - Textbook – Hart and Ksir. Drugs Society and Human Behavior 14 edition. ISBN: 978-0-07-338090-2
  - Additional materials as assigned by the instructor.
  - Alcoholics Anonymous. AA Big Book
  - Narcotics Anonymous. NA Book
  - Red Road to Wellbriety
  - The Truth about the Lie: Alcohol Problems in Native America

Class Policies: Casper College policies regarding Last Date to Change to Audit Status or to Withdraw with a W Grade are followed in this course. For specific withdrawal deadline; see: "Admission and Registration – Schedule Changes" in the catalog and the academic calendar. Students are expected to log into Moodle and participate in weekly activities. Attendance will be monitored through Moodle reports. Students are responsible to ensure they have reliable consistent access to the internet and Moodle for this course.

#### ASSUMPTIONS ABOUT STUDENTS' ENTRY LEVEL SKILLS

This is a basic course in which students will demonstrate competencies and skills learned from the knowledge and application taught in this course. It is the belief that students will have basic life skills that they can apply to the field of addictions and in particular, drug use and behaviors. The student's competencies and skills will include:

- 1) A basic knowledge of life and its trials and tribulations;
- 2) Ability to grasp the complexity of individuals' lives;
- 3) Basic concept and understanding of life issues;
- 4) Reading and writing skills;
- 5) Willingness to contribute and participate in classroom and on line discussions.

Student Rights and Responsibilities: Please refer to the Casper College Student Conduct and Judicial Code for information concerning your rights and responsibilities as a Casper College Student.

Chain of Command: If you have any problems with this class, you should first contact the instructor to attempt to solve the problem. If you are not satisfied with the solution offered by the instructor, you should then take the matter through the appropriate chain of command starting with the Department Head/Program Director, the Dean, and lastly the Vice President for Academic Affairs.

Academic Dishonesty: (Cheating & Plagiarism) Casper College demands intellectual honesty. Proven plagiarism or any form of dishonesty associated with the academic process can result in the offender failing the course in which the offense was committed or expulsion from school. See the Casper College Student Code of Conduct for more information on this topic.

Official Means of Communication: Casper College faculty and staff will employ the student's assigned Casper College email account as a primary method of communication. Students are responsible to check their account regularly. This is also, where you will find course evaluation links during course evaluation periods.

ADA Accommodations Policy: If you need academic accommodations because of a disability, please inform me as soon as possible. See me privately after class, or during my office hours. To request academic accommodations, students must first consult with the college's Disability Services Counselor located in the Gateway Building, Room 344, (307) 268-2557, [bheuer@caspercollege.edu](mailto:bheuer@caspercollege.edu). The Disability Services Counselor is responsible for reviewing documentation provided by students requesting accommodations, determining eligibility for accommodations, and helping students request and use appropriate accommodations.

Calendar or schedule indicating course content: Refer to Moodle for exact due dates.

\*\*The course calendar and syllabus are subject to change at the discretion of the instructor. Any changes shall be announced in class. You are responsible for obtaining the changes made during a class period you miss.

Week		Weekly reading Assignments and Forums
1	Introductions and getting started	Hart & Ksir Chapter 1 Alcohol Problems in Native America: The Truth about the Lie Chapters 1-4
2	Topic forum cut off 11 pm Step work forums cut off 11 pm Chapter 1 Quiz	Hart & Ksir Chapter 2 Alcohol Problems in Native America: The Truth about the Lie Chapters 5-8
3	Topic forum cut off 11 pm Step work forums cut off 11 pm Chapter 2 quiz	Hart & Ksir Chapter 3 Alcohol Problems in Native America: The Truth about the Lie Chapters 9-11
4	Topic forum cut off 11 pm Step work forums cut off 11 pm Chapter 3 quiz	Hart & Ksir Chapter 4 Alcohol Problems in Native America: The Truth about the Lie Chapters 12-15
5	Topic forum cut off 11 pm Step work forums cut off 11 pm Chapter 4 Quiz	Hart & Ksir Chapter 5 AA Big Book pg xxv-xxxii; pg 1-16 NA Book pg xv-xxvi Red Road to Wellbriety
6	Topic forum cut off 11 pm Step work forums cut off 11 pm Chapter 5 Quiz	Hart & Ksir Chapter 6 AA Big Book pg 17-29 NA Book pg 3-12 Red Road to Wellbriety
7	Topic forum cut off 11 pm Step work forums cut off 11 pm Chapter 6 quiz	Hart & Ksir Chapter 7 AA Big Book pg 30-57 NA Book pg 13-17 Red Road to Wellbriety
8	Topic forum cut off 11 pm Step work forums cut off 11 pm Chapter 7 quiz	Hart & Ksir Chapter 8 & 9 AA Big Book pg 58-88 NA Book pg 18-53 Red Road to Wellbriety
9	Topic forum cut off 11 pm Step work forums cut off 11 pm Chapter 8 quiz	Hart & Ksir Chapter 10 NA Book pg 54-76 Red Road to Wellbriety
10	Topic forum cut off 11 pm Step work forums cut off 11 pm Chapter 9 Quiz	Hart & Ksir Chapter 11 NA Book pg 77-86 Red Road to Wellbriety
11	Topic forum cut off 11 pm Step work forums cut off 11 pm Chapter 10 quiz	Hart & Ksir Chapter 12 NA Book pg 87-92 Red Road to Wellbriety
12	Topic forum cut off 11 pm Step work forums cut off 11 pm Chapter 11 quiz	Hart & Ksir Chapter 13 NA Book pg 93-100-107 Red Road to Wellbriety

13	Topic forum cut off 11 pm Step work forums cut off 11 pm Chapter 12 quiz	Hart & Ksir Chapter 14 NA Book pg 111-134 Red Road to Wellbriety
14	Topic forum cut off 11 pm Step work forums cut off 11 pm Chapter 13 quiz	Hart & Ksir Chapter 15 NA Book pg 348-360 Red Road to Wellbriety
15	Topic forum cut off 11 pm Step work forums cut off 11 pm Chapter 14 quiz	Hart & Ksir Chapter 16-18 NA Book 361-372 Red Road to Wellbriety
16	Topic forum cut off 11 pm Step work forums cut off 11 pm Chapter 15, 16 , 17, 18 quiz	NA Book pg 373-396 Red Road to Wellbriety
17	Final Exam	FINAL EXAM MUST BE SUBMITTED ON MOODLE BY NOON DECEMBER 17 2015. THIS EXAM IS TIMED AND MUST BE COMPLETED IN ONE SETTING