

CASPER COLLEGE COURSE SYLLABUS
Introduction to Counseling/Clinical Theories
PSYC 2050-N1
Fall 2015

Lecture Hours: 3

Lab Hours: none

Credit Hours: 3

Class Time: Net

Days: Net

Room: Net

Instructor's Name: Brandon Kosine, Ph.D., LPC #956

Office: LH 175C

Instructor's Contact Information: Email and voicemail are the best way to contact me.

Office Phone: 268-2590

Email:
dquealyberge@caspercollege.edu

Moodle website:

<https://moodle4me.caspercollege.edu/site>:

Office Hours: M 1-150; T 12-150; W 1-50; TH 11-150; by appointment

Academic Assistant: Crystal Sosalla Phone: (307) 268-2368 Email: csosalla@caspercollege.edu
Office: LH 166

Required Text: Corey, G. (2013). Theory and Practice of Counseling and Psychotherapy. 9th Ed. Brooks Cole: Belmont, CA ISBN-13: 978-0-8400-2854-9

Course Description: An introductory course featuring a review of the development of psychotherapy, a study of psychological concepts basic to the therapeutic process, and understanding the major models and principles of psychotherapy.

Statement of Prerequisites: PSYC 1000 (General Psychology). College level proficiency in reading, writing and verbal comprehension is necessary to successfully complete this course.

Goal: This course is intended to introduce students to the current theoretical models of psychotherapy. Within each model, students will learn how psychopathology develops, how change occurs, goals of therapy, the therapeutic relationship, and specific techniques used from that theoretical orientation.

Outcomes: Through active participation in class, each student will:

1. Identify and apply basic principles of the therapeutic process from multiple theoretical perspectives.
2. Apply theoretical models of psychology to the therapeutic process.
3. Compare and contrast the theoretical perspectives and apply them to the appropriate clientele.
4. Demonstrate therapeutic techniques based on a theoretical construct.
5. Identify and apply multicultural issues as they relate to theories and theoretical casework.
6. Demonstrate knowledge and apply ethical and professional issues in counseling.
7. Solve problems related to therapeutic work using critical thinking and creativity.

****Casper College may collect samples of student work demonstrating achievement of the above outcomes. Any personally identifying information will be removed from student work.****

Methodology: Course material will be delivered via interactive lecture, guest speakers, discussion, in-class group work, short video segments, and clinical demonstrations.

Evaluation Criteria:

Examinations:

- Weekly exam over the assigned reading. Each exam is worth 20 points. 560 total points possible
- Cumulative Final exam = 100 points

Weekly Reading Assignments and forum discussions: Students are required to participate in weekly discussion on Moodle. Posts must be submitted before 1155 pm Sunday. 320 total points possible

Attendance and Participation: Students are required to participate through Moodle on a weekly basis. Attendance and participation will be graded based upon the Moodle Activity Logs. 320 total points possible.

Grading Scale:

1000-900 points = A

899-800 points = B

799-700 points =C

699-600 points =D

599 and below =F

Class Policies:

1. Late assignments not accepted without prior approval from the instructor. Late assignments will only be accepted for college excused absences and major emergencies.
2. Missed examinations: If you need to miss an examination, you need to contact the instructor BEFORE the day of the examination. Unexcused examinations cannot be made-up and students will receive a zero for the exam.
3. Respect your peers (and the instructor) and do not be disruptive during class. Perpetual disruptive behavior may result in you being asked to leave the class and administratively removed from the course.
4. The use of tobacco products, including vapor cigarettes are not permitted in class. Please remove all smokeless tobacco before class. Using tobacco products in class will result in you being asked to leave class.
5. You are responsible for all the assigned readings. **All assigned readings are testable.** While many of the topics from the book will be covered in class, not all concepts from the readings will be discussed.
6. Attending class is expected from all students. The research shows there is a strong relationship between students attending class and grade performance. While attendance will not be part of the final grade, there may be ideas presented in class that will show up on exams and only those who attended class will know these concepts. Further, attendance will be taken in each class period. If you will be absent, please let me know ahead of time and I will work with you to cover the material in the missed class period. Please also let me know if you missed class due to an emergency or illness.
7. Engage with the material, class, discussions, and assignments! Research also shows that students who exert more psychological and emotional energy towards academics have higher satisfaction and grades in college. Plus, it makes class a lot more fun for all of us!
8. Withdrawing from class: Students may withdraw from this class without a "W" on your transcripts up until September 9th. The last day to withdraw from this class during the semester is November 13th. Please come see me if you feel you need to withdraw.
9. Please come see me during my office hours, or schedule a time to meet if you are having any difficulty with this course. It is my job to help you succeed!

10. The content in this course can be sensitive in nature. If you are having difficulties or need support, please let me know and also contact the Counseling Center at 268-2267 or go to the Strausner Student Center in Room 221.

Student Rights and Responsibilities: Please refer to the Casper College Student Conduct and Judicial Code for information concerning your rights and responsibilities as a Casper College Student.

Chain of Command: If you have any problems with this class, you should first contact the instructor to attempt to solve the problem. If you are not satisfied with the solution offered by the instructor, you should then take the matter through the appropriate chain of command starting with the Department Head/Program Director (Dr. Diana Quealy-Berge), the Dean (Dr. Shawn Powell), and lastly the Vice President for Academic Affairs (Dr. Tim Wright).

Academic Dishonesty: (Cheating & Plagiarism) Casper College demands intellectual honesty. Proven plagiarism or any form of dishonesty associated with the academic process can result in the student failing the course in which the offense was committed or expulsion from school. See the Casper College Student Code of Conduct for more information on this topic.

Official Means of Communication: Casper College faculty and staff will employ the **student's assigned Casper College email account as a primary method of communication**. Students are responsible to know their username and password and check their account regularly.

ADA Accommodations Policy: If you need academic accommodations because of a disability, please inform me as soon as possible. See me privately after class, or during my office hours. To request academic accommodations, students must first consult with the college's Disability Services Counselor located in the Gateway Building, Room 344, (307) 268-2557, bheuer@caspercollege.edu. The Disability Services Counselor is responsible for reviewing documentation provided by students requesting accommodations, determining eligibility for accommodations, and helping students request and use appropriate accommodations.

Course Schedule:

Week	Topic	Reading(s)
1	Introduction to course/counseling	Chapter 1
2	The Counselor: Person & Professional	Chapter 2
3	Ethical Issues	Chapter 3
4	Psychoanalytic Therapy	Chapter 4
5	Adlerian Therapy	Chapter 5
6	Existential Therapy	Chapter 6
7	Person-Centered Therapy	Chapter 7
8	Gestalt Therapy	Chapter 8
9	Behavior Therapy	Chapter 9
10	Cognitive Behavior Therapy	Chapter 10
11	Reality Therapy	Chapter 11
12	Post-modern Theories	Chapter 13
13	Family Therapy	Chapter 14
14	Feminist Theories	Chapter 12
15	An Integrative Perspective.	Chapter 15
16	Developmental Theory	Readings are posted on Moodle
17	Finals	Final Exam

**The course calendar and syllabus are subject to change at the discretion of the instructor. Any changes shall be announced in class. You are responsible for obtaining the changes made during a class period you miss.