

## PEPR 2150-01 Theory of Basketball

**Semester/Year: Fall 2015**

**Lecture Hours: 2**

**Lab Hours:0**

**Credit Hours: 2**

**Class Time: 9:00-9:50**

**Days: TTh**

**Room: TB158**

**Instructor's Name: Tyler Hurley**

**Instructor's Contact Office Phone:**  
**Information: 406.560.7060**

**Email:**  
tyler.hurley@caspercollege.edu

**Office Hours: MTTH 10-11**

**Course Description:** Methods of coaching offense and defense, understanding of various college levels, styles of play, strategy, training and diet, and rules interpretation.

**Statement of Prerequisites:** none

**Goal:**

**Goal 1:** to give students a through knowledge of basic basketball fundamentals and methods of teaching them.

**Goal 2:** to give students an understanding of why a philosophy of coaching is necessary and to help each student develop a personal philosophy of basketball coaching.

**Outcomes:**

1. To examine the different coaching styles and philosophies.
2. To identify the basic fundamentals of basketball and teaching methods used.
3. To expose the student a variety of offenses and defenses in basketball.
4. To teach the student the importance of how to plan practice sessions.
5. To teach the student how to scout an opponent.
6. To give students a basic knowledge of game strategy
7. To give an overview of basketball strength and conditioning.
8. To discuss many of the off-court challenges facing coaching today.
9. To give the student an understanding of auxiliary coaching responsibilities, including how to use assistant coaches and managers, how to select the squad, how to purchase equipment and the host of other responsibilities related to coaching success.
10. To give the student an awareness of the reference materials available to the coach and an understanding of their value.

**Course Objectives:** (Connect to CC outcome if possible)

**Methodology:** A large portion of the class is primarily lecture. Audio-visual study, on the floor participation, outside readings and assignments of projects may also be required.

**Evaluation Criteria:**

TOTAL POINTS POSSIBLE = 500

- (4) Class projects worth 50 points each
- Game observation and written scouting report 100 points
- Coaching Notebook 100 points
- Attendance 100 points

**Casper College may collect samples of student work demonstrating achievement of the above outcomes. Any personally identifying information will be removed from student work.**

**Required Text, Readings, and Materials:** none

**Class Policies: Last Date to Change to Audit Status or to Withdraw with a W Grade:** (withdrawal deadline; see: "Admission and Registration – Schedule Changes" in the catalog) (Your attendance policy, exam, homework, assignment make-up policy, anything particular to your class)

**Student Rights and Responsibilities:** Please refer to the Casper College Student Conduct and Judicial Code for information concerning your rights and responsibilities as a Casper College Student.

**Chain of Command:** If you have any problems with this class, you should first contact the instructor to attempt to solve the problem. If you are not satisfied with the solution offered by the instructor, you should then take the matter through the appropriate chain of command starting with the Department Head/Program Director, the Dean, and lastly the Interim Vice President for Academic Affairs.

**Academic Dishonesty:** (Cheating & Plagiarism) Casper College demands intellectual honesty. Proven plagiarism or any form of dishonesty associated with the academic process can result in the offender failing the course in which the offense was committed or expulsion from school. See the Casper College Student Code of Conduct for more information on this topic.

**Official Means of Communication:** Casper College faculty and staff will employ the student's assigned Casper College email account as a primary method of communication. Students are responsible to check their account regularly. This is also, where you will find course evaluation links during course evaluation periods.

**ADA Accommodations Policy:** If you need academic accommodations because of a disability, please inform me as soon as possible. See me privately after class, or during my office hours. To request academic accommodations, students must first consult with the college's Disability Services Counselor located in the Gateway Building, Room 344, (307) 268-2557, [bheuer@caspercollege.edu](mailto:bheuer@caspercollege.edu). The Disability Services Counselor is responsible for reviewing documentation provided by students requesting accommodations, determining eligibility for accommodations, and helping students request and use appropriate accommodations.

**Calendar or schedule indicating course content:** (be as complete here as possible, at least a grid showing week by week topics to be covered, assignments, due dates, readings etc. This can always be

modified with a new handout later in the semester – better to send out a revised schedule than to trust verbal announcements by themselves)

8/25- Introductions/Syllabus  
8/27- Decision Making  
9/1- Decision Making  
9/3- Coaching Staff  
9/8- Coaching Staff  
9/10- Scouting  
9/15- Scouting  
9/17- Presentation of Scouting Project  
9/22- Presentation of Scouting Project  
9/24- Coaching Project  
9/29- Coaching Project  
10/1- Presentation of Coaching Project  
10/6- Presentation of Coaching Project  
10/8- Offenses  
10/13- Offenses  
10/15- Defenses  
10/20- Defenses  
10/22- Developing a practice plan  
10/27- Developing a practice plan  
10/29- Conditioning Programs  
11/3- Conditioning Programs  
11/5- Recruiting  
11/10- Recruiting  
11/12- Offensive Philosophy Presentations  
11/17- Offensive Philosophy Presentations  
11/19- Defensive Philosophy Presentations  
11/24- Defensive Philosophy Presentations  
11/26- Thanksgiving No Class  
12/1- Weight Training  
12/3- Weight Training  
12/8- Coaching Notebooks  
12/10- Coaching Notebooks  
12/15- Final