

CASPER COLLEGE COURSE SYLLABUS  
PEAC 2005 01 Personal Fitness

**SEMESTER/YEAR:** Fall 2015

**LECTURE HOURS:** 0

**LAB HOURS:** 0

**CREDIT HOURS:** Audit

**CLASS TIME:** TBA

**DAYS:** MTWTHFS

**ROOM:** Fitness Center 163

**INSTRUCTOR'S NAME:** Dan Dalen ATC LAT

**INSTRUCTOR'S CONTACT INFORMATION:**

Office location: TB 163

Office Phone: 268-2518

Email: ddalen@caspercollege.edu

Fitness Center: 268-2553

**OFFICE HOURS:** M- 9:00 & 2:00, TU-11:00, Wed and Fri – 9:00

**COURSE DESCRIPTION:** This physical education activity course is designed as an open laboratory to allow each student the benefit of setting his or her own schedule.

**PREREQUISITES:** None

**Goal:** To offer opportunity for non-credit seeking students to workout in the Casper College Fitness Center

**Outcomes:** There are no formal outcomes for this Audit course

**Methodology:** Open lab

**Evaluation Criteria:** There are no evaluation criteria

**Required Text, Readings, and Materials:** None

**Class Policies: Last Date to Change to Audit Status or to Withdraw with a W Grade:** Not needed for this course

**Student Rights and Responsibilities:** Please refer to the Casper College Student Conduct and Judicial Code for information concerning your rights and responsibilities as a Casper College Student.

**Chain of Command:** If you have any problems with this class, you should first contact the instructor to attempt to solve the problem. If you are not satisfied with the solution offered by the instructor, you should then take the matter through the appropriate chain of command starting with the Department Head/Program Director, the Dean, and lastly the Interim Vice President for Academic Affairs.

**Academic Dishonesty:** (Cheating & Plagiarism) Casper College demands intellectual honesty. Proven plagiarism or any form of dishonesty associated with the academic process can result in the offender failing the course in which the offense was committed or expulsion from school. See the Casper College Student Code of Conduct for more information on this topic.

**Official Means of Communication:** Casper College faculty and staff will employ the student's assigned Casper College email account as a primary method of communication. Students are responsible to check their account regularly.

**ADA Accommodations Policy:** If you need academic accommodations because of a disability, please inform me as soon as possible. See me privately after class, or during my office hours. To request academic accommodations, students must first consult with the college's Disability Services Counselor located in the Gateway Building, Room 344, (307) 268-2557, [bheuer@caspercollege.edu](mailto:bheuer@caspercollege.edu). The Disability Services Counselor is responsible for reviewing documentation provided by students requesting accommodations, determining eligibility for accommodations, and helping students request and use appropriate accommodations.

## **SCHEDULE:**

**FITNESS CENTER**    Fall Hours:

Monday - Thursday: 6:00 a.m. – 9:00 p.m.

Friday: 6:00 a.m. – 6:00 p.m.

Saturday: 8:00a.m. – 3:00 p.m.

**Closed Sunday**

