CASPER COLLEGE COURSE SYLLABUS

COURSE NUMBER & TITLE: PEAC 1287- 60 Rock Climbing

SEMESTER/YEAR: Fall 2015

LECTURE HOURS: 0 LABORATORY HOURS: 2 CREDITS: 1

CLASS TIME: 3:00 – 5:00 p.m.MW ROOM: Peak, 408 Beverly

INSTRUCTOR'S NAME: Micah Rush

INSTRUCTOR'S CONTACT INFORMATION:

Office: 5150 Rock Gym:

408 N. Beverly, Casper, WY

Phone: 307-337-2166

Email: N/A

OFFICE HOURS: By appointment only

COURSE DESCRIPTION: This is an introductory course in technical rock climbing conducted at an indoor climbing gym setting with a field trip to a local outdoor climbing area.

STATEMENT OF PREREQUISITES: None

GOAL: Provide student with exposure to the sport and history of mountaineering and rock climbing; to the benefits of mountaineering and rock climbing as a life-time sport; and the current ethical and philosophical concerns that surround this increasingly popular sport.

OUTCOMES: To provide students with the opportunity to become knowledgeable about the equipment and methods needed to safely climb technical 5th class rock.

METHODOLOGY: demonstration, participation, practice

EVALUATION CRITERIA: The students will be evaluated on a comprehensive final exam both written and practical at the end of the course. The student will also be evaluated on participation in class and lab activities.

Attendance: The attendance policy will be in accordance with the Casper College policy. Please refer to the college catalog. In addition to the class time each student will be expected to complete the rock climbing field trip.

Grades: Grades will be based on attendance, the final written test, participation in the field trip, and how the student applies skills, knowledge, and techniques during the climbing trip and participation in all class activities.

REQUIRED TEXTS, READINGS, MATERIALS: \$75.00 equipment/facility fee

\$50.00 if student has own equipment

Text: How to Climb Rock, John Long, 5th Edition

CLASS POLICIES:

Last Date to Change to Audit Status: Refer to Handbook
Last Date to Withdraw With a W Grade: Refer to Handbook

STUDENT'S RIGHTS AND RESPONSIBILITIES: Please refer to the Casper College Student Conduct and Judicial Code for information concerning your rights and responsibilities as a Casper College Student.

Chain of Command: If you have any problems with this class, you should first contact the instructor in order to solve the problem. If you are not satisfied with the solution offered by the instructor, you should then take your problem through the appropriate chain of command starting with the department head, then the division chair, and lastly the interim vice president for academic affairs.

Academic Dishonesty – Cheating and Plagiarism: Casper College demands intellectual honesty. Proven plagiarism or any form of dishonesty associated with the academic process can result in the offender failing the course in which the offense was committed or expulsion form school. See the Casper College Student Code of Conduct.

Official Means of Communication: Casper College faculty and staff will employ the student's assigned Casper College email account as a primary method of communication. Students are responsible to check their account regularly. This is also, where you will find course evaluation links during course evaluation periods.

ADA Accommodations Policy: If you need academic accommodations because of a disability, please inform me as soon as possible. See me privately after class, or during my office hours. To request academic accommodations, students must first consult with the college's Disability Services Counselor located in the Gateway Building, Room 344, (307) 268-2557, bheuer@caspercollege.edu . The Disability Services Counselor is responsible for reviewing documentation provided by students requesting accommodations, determining eligibility for accommodations, and helping students request and use appropriate accommodations.

COURSE SCHEDULE:

Week 1 Reading: Introduction and Chapter 1

Intro to Mountaineering and Rock Climbing History, Ratings & Ethics

Fitting Harnesses, Shoes

Week 2 Reading: Chapters 2 and 3

Bouldering Bouldering

Week 3 Reading: Chapter 4

No Class: Labor Day

Ropes and Knots/Video: How to Climb Rock/Belay Practice

Week 4 Reading Chapter 5

Belay Tests

Using Gear Setting Anchors/Placing Protection

Week 5 Reading: Chapters 6 and 7

Rapelling Rope Coiling

Week 6 Reading: Chapters 8 and 9

Final Exam / Last Class