#### CASPER COLLEGE COURSE SYLLABUS

## Division of Health Science

OCTH 2000 02: Introduction to Occupational Therapy

Semester/Year: Fall 2015

Lecture Hours: 2 Lab Hours: 0 Credit Hours: 2

Class Time: Days: Thursday Room: LH 110

10:00 am to 11:50 am

Instructor's Name: Missy Neff, MSOT, OTR/L

**Instructor's Contact Office Phone: Email:** 

**Information:** (307) 268- 2054 mneff@caspercollege.edu

E-mail or phone: leave voice message if unavailable

**Office Hours:** Tuesday: 10:00 pm to 11:50 am; Thursday: 1:00- 3:00 pm; Friday: 10:00- 12:00 by

appointment

**Course Description:** This course is designed to introduce students to the occupational therapy profession. As the history, scope of practice, objectives and functions of occupational therapy are addressed: students will affirm their academic decision.

**Statement of Prerequisites:** None

Goal: Upon completion of this course students will be develop an understanding of

- 1. how the occupational therapy profession developed
- 2. the scope of practice of occupational therapy as related to special needs populations
- 3. the continuing trends in the profession of OT interventions

Students will be introduced to important concepts such as communication, problem solving and interactive skills used in the OT profession.

**Outcomes:** Upon completion of this course students will be able to:

- 1. (ACOTE B.2.1.) Articulate an understanding of the importance of the history and philosophical base of the profession of occupational therapy.
- 2. (ACOTE B.9.2.) Demonstrate knowledge and understanding of the American Occupational Therapy Association (AOTA) Occupational Therapy Code of Ethics and Ethics Standards and AOTA Standards of Practice and use them as a guide for ethical decision-making in professional interactions, client interventions, and employment settings.
- 3. (ACOTE B.9.13.) Demonstrate professional advocacy by participating in organizations or agencies promoting the profession (e.g., AOTA, state occupational therapy associations, advocacy organizations).
- 4. Demonstrate awareness of the process of therapeutic activity.
- 5. Demonstrate professional written communication skills.
- 6. Select, grade and adapt the environment, tools, materials, occupations, and interventions to reflect the changing needs of the client and the sociocultural context appropriate for the developmental age level and handicapping condition.
- 7. Demonstrate an understanding of various diagnoses and conditions seen by OT.

- 8. Demonstrate an understanding of aspects of professionalism in OT, the importance of AOTA and education, as well as role delineation of the OT/OTA professionals.
- 9. Demonstrate beginning problem solving skills related to OT intervention.
- 10. Identify and explain the need for supervisory roles, responsibilities, and collaborative professional relationships between the OT and the OTA.
- 11. Demonstrate effective oral and written communication.
- 12. Solve problems using critical thinking and creativity.
- 13. Demonstrate knowledge of diverse cultures and historical perspectives.

Casper College may collect samples of student work demonstrating achievement of the above outcomes. Any personally identifying information will be removed from student work.

**Methodology:** Learning experiences to be used in this class include lectures, unit assignments, field visits, interactive projects, reading assignments from textbook and problem solving activities.

#### **Evaluation Criteria:**

Weekly Assignments 300 points

Three Exams (2 @ 50 points

and Final with 70 points) 170 points
Class Participation 30 points
TOTAL 500 points

It is expected students will have assignments turned in on the due date, at the beginning of class. An assignment will be considered late if not turned in at the beginning of class. 5% per day will be deducted from the grade for each day an assignment is late.

93% -100%	-	(A) Marked Excellence		
84% - 92%	-	(B) Superior		
75% - 83%	-	(C) Average		
66% - 74%	-	(D) Deficient		
65% and below	-	(F) Course Failure		
A student with 75% or less at mid-term will receive a				
deficiency				

## Required Text, Readings, and Materials:

O'Brien, J. & Hussey, S. (2012). *Introduction to occupational therapy*, 4<sup>th</sup> ed., St. Louis: MI, Elsevier Mosby. ISBN: 978-0-323-08465-9

You will receive a class manual with much of the needed information. However, the readings of the following listed book will greatly enhance your learning... and is required in most OT programs.

**Recommended Text, Readings, and Materials**: Schell, B., Gillen, G., and Scaffa, M. (2014). *Willard and spackman's occupational therapy*. 12th ed., Philadelphia, PA: Lippincott Williams and Wilkins. ISBN-13: 978-1-4511-1080-7

Class Policies: Last Date to Change to Audit Status or to Withdraw with a W Grade: November 12, 2015

**Student Rights and Responsibilities:** Please refer to the Casper College Student Conduct and Judicial Code for information concerning your rights and responsibilities as a Casper College Student.

**Chain of Command:** If you have any problems with this class, you should first contact the instructor to attempt to solve the problem. If you are not satisfied with the solution offered by the instructor, you should then take the matter through the appropriate chain of command starting with the Department Head/Program Director, the Dean, and lastly the Vice President for Academic Affairs.

**Academic Dishonesty:** (Cheating & Plagiarism) Casper College demands intellectual honesty. Proven plagiarism or any form of dishonesty associated with the academic process can result in the offender failing the course in which the offense was committed or expulsion from school. See the Casper College Student Code of Conduct for more information on this topic.

**Official Means of Communication:** Casper College faculty and staff will employ the student's assigned Casper College email account as a primary method of communication. Students are responsible to check their account regularly. This is also, where you will find course evaluation links during course evaluation periods.

**ADA Accommodations Policy:** If you need academic accommodations because of a disability, please inform me as soon as possible. See me privately after class, or during my office hours. To request academic accommodations, students must first consult with the college's Disability Services Counselor located in the Gateway Building, Room 344, (307) 268-2557, <a href="mailto:bheuer@caspercollege.edu">bheuer@caspercollege.edu</a>. The Disability Services Counselor is responsible for reviewing documentation provided by students requesting accommodations, determining eligibility for accommodations, and helping students request and use appropriate accommodations.

## **Course Schedule**

## **SECTION I:** Foundations of the Occupational Therapy Profession

Section I provides the student with an approach to defining Occupational Therapy (OT). The philosophy of OT is introduced as well as a review of the developmental history of the profession. An introduction to the education for OT practitioners is provided as well as a look at the professional organizations: American Occupational Therapy Association (AOTA) and the delineation of roles within the profession. At the completion of Section I the student will be able to:

- 1. Verbalize a working definition of OT
- 2. Discuss the philosophical base of OT
- 3. Verbalize knowledge of the education process of OT practitioners
- 4. Demonstrate an understanding of AOTA; how it operates, services provided and organization structure
- 5. Discuss the role delineation of OT, OT assistants and OT aids.

DATE	TOPIC	ASSIGNMENT
Aug 27	Introduction to Course	O'Brien: Ch.1
	Definition of Occupational Therapy (OT)	W & S: Ch. 1 and 4
Sept 3	History of Occupational Therapy	O'Brien: Ch. 2
		W & S: Ch. 2, 3, and 4
		Assignment 1 due
Sept 10	Philosophy of OT	O'Brien: Ch. 3, 5, 6, 7;
	AOTA OT Education	Reference Ch. 1(p. 5), Ch. 2 (p.
	Role delineation, Responsibilities and	22)
	Supervision	W & S: Ch. 66, 67 and 68
		Assignment 2 due
Sept 17	Exam I: Section I	Assignment 3 due

# **Section II: OT Practice**

Section II introduces the concepts of OT practice. This includes the use of occupations as therapy, assessment and the specific approaches of the professional practice. At the completion of Section II the student will be able to:

- 1. Discuss occupation as a tool for the apeutic treatment
- 2. Discuss activity analysis, adaptation and grading
- 3. Demonstrate an understanding of theory and frames of reference in OT
- 4. Articulate domains of concern for the OT profession
- 5. Demonstrate an understanding of OT terminology
- 6. Discuss the OT treatment process
- 7. Demonstrate an awareness of therapeutic-use-of-self, activity and environment
- 8. Articulate major areas contained in the Occupational Therapy Practice Framework

DATE	TOPIC	ASSIGNMENT
Sept 24	Occupation as Therapy	O'Brien: Ch. 9, 12, 15, 16;
		Appendix B
		W & S: Ch. 6, 8, 9, 10, 11, 12,
		13 and 33
		OTPF
Oct 1	Direct Service Practice	O'Brien: Ch. 14
	OT Process	W & S: Ch. 23, 31, 33, 36, 37
		and 39
		Assignment 4 due
Oct 8	Intervention Modalities	O'Brien: Ch. 15, 17
	Activity Analysis	W & S: Ch. 21
		Assignment 5 due
Oct 15	Service Management	O'Brien: Ch. 7, 8, 11, 13
	Career Choices	Appendix A
		W & S: Ch. 35, 36, and Unit
		XV
		Assignment 6 due
Oct 22	Exam 2: Section II	Assignment 7 due

# Section III: Common Diagnoses and Populations Addressed by OT

This section presents information for diagnoses of clientele commonly seen by OT practitioners. Specific areas addressed include pediatric conditions, psychosocial diagnoses, physical dysfunctions and geriatric considerations. At the completion of Section III, the student will be able to:

- 1. Articulate a beginning understanding of common diagnoses treated by OT
- 2. Discuss beginning concepts in OT approaches to disabling conditions
- 3. Verbalize an understanding of the role of OT in rehabilitation

DATE	TOPIC	ASSIGNMENT
Oct 29	OT Eval and Interventions: Occupations	O'Brien: Ch. 9, 12
		Appendix C
		W & S: Unit VII and Unit XI

Nov 5	OT Eval and Interventions: Client Factors	O'Brien: Ch. 12
		W & S: Unit VII, Unit XI and
		Unit XII
		Assignment 8 due
Nov 12	OT Eval and Interventions: Environments and	O'Brien: Ch. 12
	Social Conditions and Ethical Contexts	Assignment 9 due
Nov 19	Settings and Community	O'Brien: Ch. 10, 11
	Common Diagnoses	W & S: Unit XIII
		Appendix I
		Assignment 10 due
Nov 26	No Class: Thanksgiving	
Dec 3	Treatment Planning	Assignment 11 due
	Activity Presentation (optional)	
Dec 10	Emerging Practice/ Current Practice	O'Brien: Ch. 4
	Course Review	Assignment 12 due
Dec 14- 17	FINALS: TBA	