

CASPER COLLEGE COURSE SYLLABUS
School of Health Science
HLTK 1875 H1: Gerontology Practicum

Semester/Year: Fall 2015

Lecture Hours: 0 **Lab Hours:** 6 per week **Credit Hours:** 3

Class Time: **Days:** **Room:**
NET NET NET

Instructor's Name: Theresa Robinett, MOT, OTR/L
Certificate Program Coordinator
Occupational Therapy Assistant Program Instructor

Instructor's Contact Information: E-mail or phone: leave voice message if unavailable
Office Phone: (307) 268-3112
E-mail: theresa.robinett@caspercollege.edu

Office Hours: Monday 10:00-11:00, Tuesday 10:00- 11:50 am, Thursday 1:00- 2:50 pm and Friday (by appointment) 10:00 am- 12:00 pm (noon)

Course Description: This course is designed to provide a general overview of the overall effects of aging, and the common diagnoses and conditions seen in geriatric clients. The course practicum will focus on educating the students about the importance of health and wellness, and safety and fall prevention in the geriatric population. The students will work with geriatric clients within the community and their homes to address general strengthening and balance exercises, will educate the clients about health and wellness resources available in the community and provide general home reviews for safety recommendations within the client's home.

Statement of Prerequisites: HLTK 1625 or equivalent CPR certification

Goals: Upon completion of this course, students will develop an understanding of the following:

1. Working with the geriatric population and specific considerations needed to work with this population
2. Identifying community resources available to address health and wellness in geriatrics
3. Identifying safety considerations within the home and community for the geriatric population
4. Learning how to reduce or prevent falls in the community and at home
5. Identifying various professionals who work with geriatric clients

Students will be introduced to important concepts about gerontology, health and wellness in geriatric population, safety considerations and performing home reviews.

Outcomes: Upon completion of the course, students will be able to:

- 1) Understand the effects of aging while working with the geriatric population and understand specific considerations that are needed to work with this population
- 2) Identify community resources available to address health and wellness in geriatrics
- 3) Identify safety considerations within the home and community for the geriatric client
- 4) Know how to reduce or prevent falls in the community and at home
- 5) Work with various professionals who work with geriatric clients
- 6) Demonstrate effective oral and written communication
- 7) Solve problems using critical thinking and creativity
- 8) Use appropriate technology and information to conduct research

Methodology: Learning experiences to be used in this class include lectures, written assignments, interactive projects, work experiences, reading assignments, problem solving activities and meeting with instructor and/or supervisor. The majority of the course work will be at facility placements. Assignments will be developed with instructor to enhance learning at the various clinical sites.

Evaluation Criteria:

Introduction Activity	5 points
2 Assignments (50 points each)	100 points
Site Performance Progress	
Logs (4 at 10 points each)	40 points
Weekly Discussions (10 at 5 points each)	50 points
Final Project	50 points
Professionalism	25 points
Practicum Hours Completed	<u>50 points</u>
Hours Completed:	
51-60	50 points
41-50	40 points
31-40	30 points
21-30	20 points
11-20	10 points
≤ 10	0 points

TOTAL 320 points

It is expected students will have assignments turned in on the due date. 10% per day will be deducted from the grade for each day an assignment is late.

84 – 92%	-	(B) Superior
75 – 83%	-	(C) Average
66 – 74%	-	(D) Deficient
65 and below	-	(F) course failure
A student with 75% or less at mid-term will receive a deficiency		

Casper College may collect samples of student work demonstrating achievement of the above outcomes. Any personally identifying information will be removed from student work.

Required Text, Readings, and Materials:

Regula, H. R., & Chop, W.C. (2015). Gerontology for the health care professional. (3rd ed.), Sudbury, MA: Jones and Bartlett. ISBN# 978-1-284-03887-3

Class Policies: Last Date to Change to Audit Status or to Withdraw with a W Grade:

April 16, 2015

Student Rights and Responsibilities: Please refer to the Casper College Student Conduct and Judicial Code for information concerning your rights and responsibilities as a Casper College Student.

Chain of Command: If you have any problems with this class, you should first contact the instructor to attempt to solve the problem. If you are not satisfied with the solution offered by the instructor, you should then take the matter through the appropriate chain of command starting with the Department Head / Program Director, the Dean and lastly the Interim Vice President for Academic Affairs.

Academic Dishonesty: (Cheating & Plagiarism) Casper College demands intellectual honesty. Proven plagiarism or any form of dishonesty associated with the academic process can result in the offender failing the course in which the offense was committed or expulsion from school. See the Casper College Student Code of Conduct for more information on this topic.

Official Means of Communication: Casper College faculty and staff will employ the student's assigned Casper College email account as a primary method of communication. Students are responsible to check their account regularly.

ADA Accommodations Policy: If you need academic accommodations because of a disability, please inform me as soon as possible. See me privately after class or during my office hours. To request academic accommodations, students must first consult with the college's Disability Services Counselor located in the Gateway Building, Room 344, (307) 268-2557, bheuer@caspercollege.edu. The Disability Services Counselor is responsible for reviewing documentation provided by students requesting accommodations, determining eligibility for accommodations, and helping students request and use appropriate accommodations.

COURSE SCHEDULE

DATE	TOPIC	ASSIGNMENT (readings recommended)
Week of Aug 24	<ul style="list-style-type: none"> • Introduction to class • Confidentiality / Guidelines • Terminology: Gerontology/ Gerontics 	
Week of Aug 31	<ul style="list-style-type: none"> • Demographic Trends on Aging • Social Gerontology 	Ch. 1, 2
Week of Sept 7	<ul style="list-style-type: none"> • Physiological and Pathological Effects of Aging • Balance and General Strengthening 	Ch. 3 Weekly Discussion #1 Due
Week of Sept 14	<ul style="list-style-type: none"> • Cognitive Changes • Psychological Changes 	Ch. 4 Weekly Discussion #2 Due
Week of Sept 21	<ul style="list-style-type: none"> • Sensory Changes Associated with Aging • Low Vision and Safety 	Pgs. 67-70, Ch. 5 Weekly Discussion #3 Due
Week of Sept 28	<ul style="list-style-type: none"> • Safety Awareness within the Home and Community • Home Safety Checklist • Fall Prevention 	Ch. 10 Progress Log #1 Due Weekly Discussion #4 Due
Week of Oct 5	<ul style="list-style-type: none"> • Pharmacotherapy and Geriatrics 	Ch. 6 Assignment #1 Due
Week of Oct 12	<ul style="list-style-type: none"> • Nutrition and Aging • Overall Health and Wellness • Oral Health 	Ch. 7, 8 Weekly Discussion #5 Due
Oct 19	Fall BREAK	
Week of Oct 26	<ul style="list-style-type: none"> • Leisure Exploration and the Geriatric Client 	Progress Log #2 Due Weekly Discussion #6 Due
Week of Nov 2	<ul style="list-style-type: none"> • Common Diagnoses seen in the Geriatric population 	Weekly Discussion #7 Due
Week of Nov 9	<ul style="list-style-type: none"> • Cardiopulmonary considerations of the geriatric population • Cardiac Conditions- MI, CHF, CAD, etc. • Pulmonary Conditions- COPD, Emphysema, Oxygen use 	Weekly Discussion #8 Due
Week of Nov 16	<ul style="list-style-type: none"> • Orthopedic Considerations of the geriatric population • Arthritis- RA, OA, arthritic changes • Joint Replacements 	Weekly Discussion #9 Due
Week of Nov 23	<ul style="list-style-type: none"> • Professionals that work with Geriatric clients 	Introduction, Ch. 12 Progress Log #3 Due Weekly Discussion #10 Due

DATE	TOPIC	ASSIGNMENT
Week of Nov 30	<ul style="list-style-type: none"> Community Resources 	Assignment #2 Due
Week of Dec 7	<ul style="list-style-type: none"> Wrap up with community sites 	
Week of Dec 14	<ul style="list-style-type: none"> Final Project/ Presentation 	Final Project Due Progress Log #4 Due