

CASPER COLLEGE COURSE SYLLABUS
School of Health Science
HLTK 1870 N1 Therapeutic Applications

Semester/Year: Fall 2015

Lecture Hours: 3 **Lab Hours:** 0 **Credit Hours:** 3

Class Time: NET **Days:** NET **Room:** NET

Instructor's Name: Theresa Robinett, MOT, OTR/L
Certificate Program Coordinator
Occupational Therapy Assistant Program Instructor

Instructor's Contact Information: **Office Phone:** **E-mail:**
307-268-3112 theresa.robinett@caspercollege.edu
E-mail or phone: leave
voice message if
unavailable

Office Hours: Monday 10:00-11:00, Tuesday 10:00- 11:50 am, Thursday 1:00- 2:50 pm
and Friday (by appointment) 10:00 am- 12:00 pm (noon)

Course Description: This course is designed to introduce students to the concepts of therapeutic interactions, facilitating a positive work environment through effective communication and understanding various roles in the team process.

Statement of Prerequisites: None

Goals: Upon completion of this course students will develop an understanding of:

1. How to apply various types of communication to foster specific therapeutic relationships
2. The importance of ethics and integrity in the professional setting
3. Identification and practice in the team process

Students will be introduced to important concepts such as interactive skills, team dynamics and communication styles.

Outcomes: Upon completion of this course students will be able to:

1. Demonstrate competency with establishing therapeutic rapport
2. Identify their own personal communication style
3. Articulate and apply the concepts of ethics and integrity
4. Identify stages in the group process
5. Apply the concepts of team approaches
6. Demonstrate effective written communication
7. Use appropriate technology and information to conduct research

Methodology: Learning experiences to be used in this class include on-line course material, unit assignments, reading assignments from textbook, problem solving activities, and exams.

Evaluation Criteria:

Introductory Activity	5 points
4 Assignments (30 points each)	120 points
Four Exams (3 @ 50 points and Final worth 70 points)	<u>220 points</u>
TOTAL	345 points

It is expected students will have assignments turned in on the due date. 10% per day will be deducted from the grade for each day an assignment is late.

93-100%	-	(A) Marked Excellence
84 – 92%	-	(B) Superior
75 – 83%	-	(C) Average
66 – 74%	-	(D) Deficient
65 and below	-	(F) course failure
A student with 75% or less at mid-term will receive a deficiency		

Casper College may collect samples of student work demonstrating achievement of the above outcomes. Any personally identifying information will be removed from student work.

Required Text, Readings, and Materials:

Davis, C.M., (2011). *Patient practitioner interaction: An experiential manual for developing the art of health care.* (5th ed.), Thorofare, NJ: SLACK Incorporated.
ISBN: 978-1-5562-994-1

Kornblau, B.L., and Burkhardt, A., (2012). *Ethics in rehabilitation: A clinical perspective.* (2nd ed.), Thorofare, NJ: SLACK Incorporated.
ISBN: 978-1-61711-037-5

Class Policies: Last Date to Change to Audit Status or to Withdraw with a “W” Grade:
April 16, 2015

Student Rights and Responsibilities: Please refer to the Casper College Student Conduct and Judicial Code for information concerning your rights and responsibilities as a Casper College Student.

Chain of Command: If you have any problems with this class, you should first contact the instructor in order to solve the problem. If you are not satisfied with the solution offered by the instructor, you should then take your problem through the appropriate chain of command starting with the program director, then the Dean of the School, and lastly the interim vice

president for academic affairs.

Academic Dishonesty: (Cheating & Plagiarism) Casper College demands intellectual honesty. Proven plagiarism or any form of dishonesty associated with the academic process can result in the offender failing the course in which the offense was committed or expulsion from school. See the Casper College Student Code of Conduct for more information on this topic.

Official Means of Communication: Casper College faculty and staff will employ the student's assigned Casper College email account as a primary method of communication. Students are responsible to check their account regularly.

ADA Accommodations Policy: If you need academic accommodations because of a disability, please inform me as soon as possible. See me privately after class, or during my office hours. To request academic accommodations, students must first consult with the college's Disability Services Counselor located in the Gateway Building, Room 344, (307) 268-2557, bheuer@caspercollege.edu. The Disability Services Counselor is responsible for reviewing documentation provided by students requesting accommodations, determining eligibility for accommodations, and helping students request and use appropriate accommodations.

COURSE SCHEDULE

Unit I: Communication Principles

DATE	TOPIC	ASSIGNMENT (readings recommended)
Week of Aug 24	<ul style="list-style-type: none">• Introduction to Course• Definition of Communication• Awareness of Self / Family influence• Active Listening• Context	Davis: Chapter 1, 2 Introductory Assignment Due
Week of Aug 31	<ul style="list-style-type: none">• Communication Strategies• Values as Determinants of Behavior• Stress Management	Davis: Chapter 3, 5
Week of Sept 7	<ul style="list-style-type: none">• Empathy vs. Sympathy• Ethics• Communication and The Team Process	Assignment 1 Due Davis: Chapter 4, 6 Kornblau and Starling: Chapter 1, 2

Unit II: Leadership Skills

DATE	TOPIC	ASSIGNMENT
Week of Sept 14	<ul style="list-style-type: none"> • Unit 1 Exam • Effective communication • Leadership – Definition • Power and Positions (Perception and Role Expectations) • Ethics and Leadership 	Davis: Chapter 7 Kornblau and Starling: Chapter 3
Week of Sept 21	<ul style="list-style-type: none"> • Effective Leadership Skills (Theory and Practice) • Leadership Styles • Assertiveness Skills and Conflict Resolution 	Assignment 2 Due Davis: Chapter 8
Week of Sept 28	<ul style="list-style-type: none"> • Leadership and Communication (Self Identification, Identifying Strengths and Challenges) • Communicating to Establish Rapport and Reduce Negativity • Co-Leadership 	Davis: Chapter 9
Week of Oct 5	<ul style="list-style-type: none"> • Moral and Ethical Dilemmas • Communicating with Cultural Sensitivity • Conflict Resolution 	Davis: Chapter 4,10 Kornblau and Starling: Chapter 1, 7

Unit III: Interpersonal Skills Development

DATE	TOPIC	ASSIGNMENT
Week of Oct 12	<ul style="list-style-type: none"> • Unit 2 Exam • Role Exploration • Dealing with Anxiety in Communication • The Helping Interview 	Davis: Chapter 11
Oct 19	Fall Break	
Week of Oct 26	<ul style="list-style-type: none"> • Spirituality in Patient Care • Bracketing • Facilitating Positive Interactions 	Assignment 3 Due Davis: Chapter 12
Week of Nov 11	<ul style="list-style-type: none"> • The Therapeutic Relationship • Avoiding Ethical and Legal Dilemmas 	Kornblau and Starling: Chapter 8
Week of Nov 9	<ul style="list-style-type: none"> • Health Behavior and Effective Patient Education • How to Practice Confidentiality • Ethics and the Law 	Davis: Chapter 13 Kornblau and Starling: Chapter 6

Unit IV: Therapeutic Interactions

DATE	TOPIC	ASSIGNMENT
Week of Nov 16	<ul style="list-style-type: none"> • Unit 3 Exam 	
Week of Nov 23	<ul style="list-style-type: none"> • Principles of Therapeutic Rapport • Professional Boundaries and Ethics • Analyzing Ethical Dilemmas 	Kornblau and Starling: Chapter 4, 5, 7
Week of Nov 30	<ul style="list-style-type: none"> • Utilizing Non-verbal Communication Skills • The Crisis Cycle • Facilitating De-escalation Techniques 	
Week of December 7	<ul style="list-style-type: none"> • Communicating With Persons Who Have Disabilities • Communicating With People Who are Dying and Their Families • Ethics in Therapeutic Relationships 	Assignment 4 Due Davis: Chapter 14, 16
Week of Dec 14	<ul style="list-style-type: none"> • Finals 	